



CHILDREN / FAMILY / ADULT CLASSES

FALL 2020 KI-MARTIAL ARTS

MON	TUE	WED	THU	FRI	SAT
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ADULT CLASS

9:00 AM		9:00 AM		9:00 AM	9:00 / 10:00 AM
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CHILDREN CLASS

4:15 - Children Class & Black Belt Training	4:15 - Children Class & Black Belt Training	4:15 - Children Class & Black Belt Training	4:15 - Children Class & Black Belt Training	4:15 PM Weapons Class	9:00 AM
					10:00 AM

CHILDREN / FAMILY / ADULT CLASS

5:00 PM	5:00 PM	5:00 PM	5:00 PM	5:00 PM	9:00-10:00
5:45 PM	5:45 PM	5:45 PM	5:45 PM	5:45 PM	
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	10:00-11:00

BLACK BELT TRAINING CLASS

6:30 PM	6:30 PM	6:30 PM	6:30 PM	5:45 PM	9:00 AM
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INSTRUCTORS & 3RD DEGREE BLACK BELTS

7:15 PM				7:15 PM	
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SPECIAL CLASS

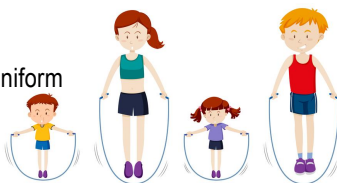
	Demo Team KI Building B 6:30-7:45		Demo Team KI Building B 6:30-7:45	Weapons 4:15-5:00	
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PRIVATE LESSON CLASS

	7:15 PM	7:15 PM	7:15 PM		11:00 AM
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FAMILY FITNESS / JUMP ROPE CLASS

- 40 Minutes Training
- \$10 per Class
- \$20 Family per Class
- \$15 - T-Shirt Warm-Up Uniform
- \$30 - TKD Shoes
- Jump Rope - FREE



One-On-One Private Training Session

PRIVATE LESSON CLASS

- 1 on 1 Training
- 30 Minutes Training- \$40
- Any Training
 - Strength & Balance
 - Cardio Fitness
 - TKD Techniques
 - Self Defense
 - Weapons

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