



CHILDREN / FAMILY / ADULT CLASSES

2022 KI-MARTIAL ARTS

MON	TUE	WED	THU	FRI	SAT
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ADULT CLASS - 60 Minutes					
9:00 AM		9:00 AM		9:00 AM	

CHILDREN CLASS - 45 Minutes					
4:15 PM	4:15 PM	4:15 PM	4:15 PM		

CHILDREN / FAMILY / ADULT CLASS - 45 Minutes					<u>New Class Times</u> 45 Minute Classes 9:00 - All Belt 9:45 - White Belt 10:30 - All Belt 11:15 - Sparring
5:00 PM	5:00 PM	5:00 PM	5:00 PM		
5:45 PM	5:45 PM	5:45 PM	5:45 PM	5:45 PM	
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	

BLACK BELT TRAINING CLASS					
These classes are for Deputy Belts, 1st & 2nd Degree Black Belts who are training for the Black Belt Promotion Test.					

INSTRUCTORS & 3RD DEGREE BLACK BELTS					
7:15 PM				7:15 PM	

SPECIAL CLASS					Sparring 11:15-11:45 Sparring class is an additional class to be taken 1 time per week. If your child is new to sparring please contact the Manager for pricing information. Thank you.
	Demo Team KI Building B 6:30-7:45	Teen & Adult Sparring 7:15-8:00	Demo Team KI Building B 6:30-7:45	Weapons Sparring 4:15 - 5:00 5:00 - 5:45	

PRIVATE LESSON CLASS	
Please Call for Appointment (847) 837-7850	



- 1 on 1 Training - 30, 40 or 60 Minutes Training
- Strength & Balance, Cardio Fitness, TKD Techniques, Self Defense or Weapons
- 30 Minutes \$40 (Family \$80)
- 40 Minutes \$60 (Family \$120)
- 60 Minutes \$80 (Family \$140)

2055 S. LAKE ST. MUNDELEIN, IL 60060 • www.KIMARTIALARTS.NET ☎ 847-837-7850 • FAX: 847-837-7817 •



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