



CHILDREN / FAMILY / ADULT CLASSES

FALL 2021 KI-MARTIAL ARTS - EFFECTIVE 8/23/21

MON	TUE	WED	THU	FRI	SAT
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ADULT & TEEN (13YRS & UP) CLASS					
9:00 AM		9:00 AM		9:00 AM	9:00 / 10:00 AM

CHILDREN CLASS					
					9:00 AM
4:15 PM	4:15 PM	4:15 PM	4:15 PM		10:00 AM

CHILDREN / FAMILY / ADULT CLASS					
5:00 PM	5:00 PM	5:00 PM	5:00 PM		9:00 AM
5:45 PM	5:45 PM	5:45 PM	5:45 PM	5:45 PM	
6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	10:00 AM

BLACK BELT TRAINING CLASS					
	7:15 PM	7:15 PM	7:15 PM		9:00 AM

INSTRUCTORS & 3RD DEGREE BLACK BELTS					
7:15 PM				7:15 PM	

SPECIAL CLASS					
	Demo Team KI Building B 6:30-7:45	Adult / Teen Sparring 7:15-8:00	Demo Team KI Building B 6:30-7:45	Weapons 4:15 - 5:00 Sparring 5:00 - 5:45	

PRIVATE LESSON CLASS					
Please Call for Appointment					



PRIVATE LESSON CLASS

- 1 on 1 Training
- \$30 - 30 Minutes Training
- \$40 - 40 Minutes Training
- \$50 - 40 Minutes Training for Family
- Strength & Balance, Cardio Fitness, TKD Techniques, Self Defense, Weapons

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