# SUMMER **20 23**

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**NEW This Summer** Swimming Lessons









## KI-CAMP INTRODUCTION



#### KI Martial Arts Camp has the best staff, here's why:

As KI Martial Arts is an accredited camp by the American Camp Association (ACA) we spend many hours during the winter and spring season meeting and preparing our KI summer staff. Our camp counselors and directors are educated in the administration of key aspects of our camp operation, particularly those related to our program quality as well as the health and safety of campers and staff. We ensure that our staff meets the expectations we set for them, each current staff member and new staff members have been through a background check. Our staff is dedicated in making sure our campers are happy and having the best experiences at our camp.



#### Tae Kwon Do & Weapons Classes

Here at KI-Martial Arts we hold high the quality of our Tae Kwon Do lessons. During our summer camp program the campers have the opportunity to experience their classes at a time that is designated only to our campers.





#### KI-CAMP OVERVIEW

WHO Children 5-12 years old

WHEN From June 5th - August 11th

**Our Field Trips Schedule:** 

June 8<sup>th</sup> - Farm Day at KI Martial Arts

June 15th - Laser Tag, Mundelein, IL.

June 22<sup>nd</sup> - Carnival Day at KI Martial Arts

June 29th - Ultimate Ninjas, Libertyville, IL.

July 6<sup>th</sup> - Cooking at KI Martial Arts, IL.

July 13<sup>th</sup> - Bowling, Vernon Hills, IL.

July 20th - Science at KI Martial Arts

July 27<sup>th</sup> - Gymnastics at KI Martial Arts

August 3rd - Funtopia, Glenview, IL.

August 10th - STEAM at KI Martial Arts

WHERE Tae Kwon Do, Parks, Pools,

Swimming Lessons ( )

Lakes, Museums and More!

**WHAT** An educational summer camp, where your child will go on fun and informative field trips.



#### Schedule Inclement weather/attendance may result in change of field trip

	MON	TUE	WED	THU	FRI
6/05-6/09	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Farm Day	Swimming Lessons
	Pool Time	Water Activity	Pool Time	at KI Martial Arts	Cookout at KI Martial Arts
6/12-6/16	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Laser Tag	Swimming Lessons
	Pool Time	Beach	Pool Time	Mundelein, IL.	Crafts / Water Activity
6/19-6/23	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Carnival Day	Swimming Lessons
	Pool Time	Water Activity	Pool Time	at KI Martial Arts	Crafts / Water Activity
6/26-6/30	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Ultimate Ninjas	Swimming Lessons
	Pool Time	Water Activity	Pool Time	Libertyville, İL.	Crafts / Water Activity
7/03-7/07	Closed 4th of July Holiday	Closed 4th of July Holiday	Tae Kwon Do	Let's Get Cooking	Swimming Lessons
			Water Activity	at KI Martial Arts	Crafts / Water Activity
7/10-7/14	Tae Kwon Do Pool Time	Weapons Class Manners Class	Tae Kwon Do	Bowling	Swimming Lessons
		Beach	Pool Time	Vernon Hills, IL.	Cookout at KI Martial Arts
7/17-7/21	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Science at KI	Swimming Lessons
	Pool Time	Water Activity	Pool Time	Martial Arts	Crafts / Water Activity
7/24-7/28	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Gymnastics	Swimming Lessons
	Pool Time	Beach	Pool Time	at KI Martial Arts	Crafts / Water Activity
7/31-8/4	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	Funtopia	Swimming Lessons
	Pool Time	Beach	Pool Time	Glenview, IL.	Cookout at KI Martial Arts
8/07-8/11	Tae Kwon Do	Weapons Class Manners Class	Tae Kwon Do	STEAM	Swimming Lessons
	Pool Time	Water Activity	Pool Time	at KI Martial Arts	Crafts / Water Activity

## KI-CAMP REGISTRATION & PRICING

## Please Call for Registration Details



- \* Fee Includes a secure spot in our camp, camp t-shirt, backpack, watter bottle and towel.
- \* Priority Registration for our After School & Taekwondo Program will go to students who are enrolled in KI-Summer Camp.
- \* Registration complete upon the acceptance of the KI Registration Form as well as the State of IL. Certificate of Child Health Examination.

#### **Please Call For Pricing**

- Prices include all entrances, field trip fees, TKD, weapon classes.
- Additional Charge for Swimming Lessons at Gold Fish Swim School.
- ➤ Must Register for 6 weeks of Gold Fish Swimming Lessons.
- Sibling DiscountS
- Tuition Fees are charged based on the schedule selected even if your child did not attend camp.



#### **CAMP TIMES**

7:30am-6:00pm

#### Weekly Fees Include:

- \* All Field Trip Fees
- \* Transportation
- \*CALL FOR PRICING
- \* 5 DAY PER WEEK
- \* 4 DAY PER WEEK
- \* 3 DAY PER WEEK
- \* 2 DAY PER WEEK









#### Field Trip & Activity Schedule:

June 8th - Down on the Farm at KI Martial Arts

June 15th - Laser Tag, Mundelein, IL

June 22nd - Carnival Days at KI Martial Arts

June 29th - Ultimate Ninjas, Libertyville, IL

July 6th - Lets Get Cooking Activity at KI Martial Arts July 13th - Bowling at Bowlero, Vernon Hills, IL

July 20th - To Be Announced

July 27th - Gymnastics at KI Martial Arts

August 3rd - Funtopia, Glenview, IL August 10th - STEAM Activity at KI Martial Arts





## 2023 KI Summer Camp Registration Form Please complete ENTIRE form both sides

NAME OF CAMPER		Date of Birth		Age				
Address, City, State, Zip								
NAME OF PARENT(OR OTHER PERSONS ENROLLING THE	CHILD)		Relation	Relationship to Child				
Cell Phone Number	ant TEXT REMINDERS			Phone Number				
Children's T-Shirt Size (please check your child T-shirt size)	Email							
S M L								
1. NAME of Emergency Contact (Adult other than listed about	ove)		Relation	Relationship to Child				
Home Address			Phone I	Phone Number				
2. NAME of Emergency Contact (Adult other than listed ab	Relation	Relationship to Child						
Home Address	Phone N	Phone Number						
NAME of Physician to call if child becomes ill or injured (Besides Those People Listed Aboved)								
Hospital Address			Phone	Number				
PROGRAM (please check the days and camp(s) your child will b	e attending)	_						
	MON	TUE	WED	THU	FRI			
Camp Days & Times 7:30am-6:00pm								
Swimming Lessons: (Please check whether or not you would like your child to participate in swimming lessons). You must attend camp for 6+ weeks in order to receive swimming lessons.  Yes, I do want my child to participate in swimming lessons at Goldfish Swim School and will have my child arrive by 9:00am on Fridays.  No, I do not want my child to take swimming lessons at Goldfish Swim School.								
Attendance Schedule: (Please check the days and camp(s) your child will be attending. We request a minimum of 2 weeks notice for any schedule change.								
☐ June 05-09 ☐ June 12-16 ☐ June 19-23 ☐ June 26-June 30 ☐ July 03-07								
☐ July 10-14 ☐ July 17-21 ☐ July 24-28 ☐ July 31- Aug 04 ☐ Aug 07-11  PICK-UP AUTHORIZATION (Any Person other than the enrolling parent must have a photo I.D. to pick up a camper)  • Any Person who wishes to pick up a camper who is not listed below must have a photo ID & a written letter of permission from the parents								
1. NAME	2. NAME							
ADDRESS	ADDRESS							
RELATIONSHIP	RELATIONSHIP							
DAYTIME PHONE #	DAYTIME PHONE #							

Medical Information			In case of emergency Please contact:			
Any medical issues? Please List:	YES	□NO	NAME:PHC	DNE: DNE:		
Is the child on any prescription medication?	□YES	Пио	TITO	JIVL		
Please List:		Пио	Medical Waiver			
EPI Pens	YES	□NO	KI-Martial Arts members are to obtain	in a physical examination		
Assumption of Risk I realize that my child will be participating in involving physical activities, including a climb. Tae Kwon Do and other activities where ther physical injury. I accept the risk and that I will pay any medical costs for any injury to my cl dispute shall arise between the parties to this be resolved exclusively by binding arbitration Illinois, according to the then existing common American Arbitration Association and the substate of Illinois.	oing wall, sweet is some rist. If the responsibility is a greement or in Lake Corercial rules of the risk wall, so we will be recited to the recited rules of the rule	imming, ik of ible to vent a , it shall unty, f the	from their physician prior to participation in any class. In recognition of the possible dangers connected with any physical activity, and the strenuous nature of Martial Arts, no one can positively assure the members or instructors that injury will not result during properly supervised practice sessions, instructional periods and/or contests. Member(s) voluntarily waive any right or course of action of any kind whatsoever arising as a result of such activity from which any liability may or could occur to above named facility, school, its officers, employees or instructors.			
Signature of Parent or Guardian			Signature of Parent or Guardian	Date		
Credit Card Authorization Sheet  We are happy that you have chosen us to take care of your child during his or her summer break. This year we are offering our parents automatic credit card payments.  At the beginning of each week we will process your credit card. At the end of each month we will give you a payment receipt for your records.  • Late Charge: Payment is due at the beginning of the week for the week of attendance. If payment is not received by the Friday of that week a late payment fee of \$10 will be added.  *After 2 weeks of non-payment, camp registration will be void and the late charge will go up to 1% of monies due. You will incur an additional 1% per month until the balance has been paid in full.  • Please pay weekly on or before the Friday of each week.  • Registration changes: After May 1st dropping any weeks of attendance will result in a charge of \$100.00 per camper per change.  • Non-attendance policy: If for any reason a child does not attend based upon their schedule given after May 1st they will still be required to pay for that day in which they were scheduled to attend.   I want weekly Emails of charges emailed to my			Arrival/Departure Form  To ensure safety of the all children, parents are to:  • Park in the parking lot and walk their child into the school.  • Bring their child into the facility and make sure that the Counselor is aware that the child has arrived.  I, the Parent/Guardian of			
Email Address:			Signature of Parent or Guardian	 Date		
Student's Name:			Drive Thru Waiver	parent of		
My Card Number:			understand that I am responsible for my child, myself and all of my belongings including, but not limited to my motor vehicle while on the premises of KI-Martial Arts. I commit to using the drive thru at KI-Martial Arts both cautiously and respectfully. I also agree to inform the staff of KI-Martial Arts in advance when I wish to have my child picked up ( INSIDE their designated			
Expiration Date: (MM)	/	building ) by anyone not listed on the emergency pickup sheet. I/we acknowledge that I/we are willing to participate in all aspects of the KI Drive Thru, which I/we have willingly entered. I/we will obey all rules and safety regulations of the KI and have read and fully understand the				
CVS:			Release and Waiver. I/We do agree to release and hold harmless the KI Martial Arts Drive Thru, its' property owners, employers, and staff from any and all claims, liability, losses, injuries, property damage, and any and all known and unknown personal injury. I also accept			
Name on the Card:			any/all full financial responsibility for both myself, my	child and all my belongings.		
Camp Weekly Fee: \$			Signature of Parent or Guardian	Date		

#### KI-CAMP RULES

#### WHAT TO BRING TO CAMP

## **Monday-Friday**

- ♦ Lunch, 2 snacks & a water bottle.
  - Non microwavable
- ♦ Swimming suit & towel.
- ♦ Bag or backpack.
- ♦ A spare change of clothes.
- ◆ Sun-block everyday. (Spray Sunblock Only, Labeled Please)

## Thursdays

- ♦ A brown paper or plastic bagged lunch, non-perishable.
- ♦ 2 Snack & a disposable water bottle.
  - PLEASE separate lunch & snack.
- Walking shoes.
- ♦ Quiet activity for the bus ride.

Please note a lunch consists of a non microwavable meal/sandwich, 1-2 fruit/veggies, chips or cookies and a drink. Plus a snack.

#### **CAMP REGULATIONS:**

Parents acknowledge the need for confirmed availability to pick up their child in case of an illnes or injury.

#### **Basic Rules for Campers**

- ♦ Be a good friend.
- ♦ Listen to counselors.
- ♦ Respect Jr. Counselors.
- ♦ Help each other.
- ♦ Have patience.
- ♦ Keep your hands to yourself.

#### **Family Pick-up Regulations**

◆ Families please respect the schedule of our camp by only requesting to pick up your child during times in which we are at KI-Martial Arts. Thank you!



#### **Vehicle Rules for Campers**

- ♦ All of the basic rules apply.
- ◆ Children must remain seated at all times.
- ♦ All children must wear seat belts.
- Children must use their indoor voices at all times
- Children must resist the temptation to throw any object.
- ◆ Please do not bring toys from home.
- ◆ Children are not allowed to refuse another camper a seat next to them in the vehicle.

#### **Camp Financial Regulations**

- ♦ Tuition is due during the week in which the camper attends camp. If tuition is not received by 6:00pm on Friday of each week of attendance, KI Summer Camp reserves the right to charge a late fee of 1% for each business day that the payment is late.
- ♦ Tuition is due if your child is scheduled to attend and DOES NOT ATTEND for any reason.
- ♦ After two weeks of non-payment, the camper will be removed from the KI Summer Camp Program.

## **BENEFITS OF KI-CAMP**



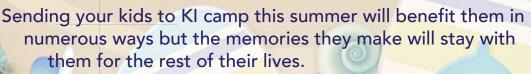
The discipline of Taekwondo leads to increased energy, better health and fitness, greater coordination, and higher self-esteem. These qualities are vital to a happier, longer life.

Taekwondo strengthens your body and improves your health through physical exercise and conditioning. Isometric and dynamic tension exercises will allow you to gain better muscle tone and more strength. A gradual building process of safe and easy stretching techniques will enhance flexibility, while breathing and concentration exercises lead to sharper reflexes and senses.

It has been proven that Taekwondo helps children develop their concentration skills, which in turn helps them in school.

Children in our program progress at their own rate. Not only do students learn the physical parts of martial arts, but there are so many educational and mental parts they are required to learn. This will lead into their schooling and help with school work,

learning, and writing. There are many physical moves, and groups of movements that need to be memorized. All of this helps to expand their potential for learning and memorizing school subjects, and will later lead into success in their careers as leaders.



Each child is different, and it's important that your child is allowed to have time every day to do what they consider to be "fun."

We know how important it is for the development of good mental health, and the lessons that you teach your children today will help form their future habits.

